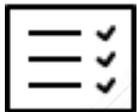


BULLETIN 1

BRASIL RIDE BAHIA 2024

Dear participant of Brasil Ride Bahia 2024,

Only a few days remain until another edition of this event, which will be more than just a race; it will be a stage in your life. Below are some important details to assist you in planning for this race.



Summary schedule

- October 19 – Saturday: Athlete kit pickup at Vila Brasil Ride in Arraial d’Ajuda (medical certificate required). The certificate must be stamped and signed by your doctor.
- October 20 – Sunday: Stage 1 in Arraial d’Ajuda.
- October 21 – Monday: Stage 2 - Arraial d’Ajuda to Brasil Ride camp in Guaratinga.
- October 22 – Tuesday: Stage 3 with start and finish at Vila Brasil Ride in Guaratinga.
- October 23 – Wednesday: Stage 4 with start and finish at Vila Brasil Ride in Guaratinga.
- October 24 – Thursday: Stage 5 – Return from the camp in Guaratinga to Arraial d’Ajuda.
- October 25 – Friday: Stage 6 – Time trial in Arraial d’Ajuda.
- October 26 – Saturday: Stage 7 and final stage of Brasil Ride; and Maratona dos Descobrimentos – Closing party at Uiki Parracho, in Arraial d’Ajuda.

When in Arraial d’Ajuda, Vila Brasil Ride will be at “Uiki Parracho,” where there will be no camping. Participants must arrange their accommodations from the many available inns, hotels, and rental houses in the region.

Structure in the Brasil Ride Villages

In Arraial d'Ajuda, we will have Vila Brasil Ride on the beach, where the athlete kit delivery, starts, and finishes of the stages held in Arraial d'Ajuda will take place, along with convenience structures for the athletes such as a bar, restaurant, massage service, mechanic workshop, stores, and bike wash station. Vila Brasil Ride at Uiki is located right on the beach (Estrada da Pitinga, s/nr), about 1.3 km from the center of Arraial d'Ajuda.

Dinners, briefings, daily awards ceremonies, and photo/video displays will take place at a different location, the gymnasium of the Arraial d'Ajuda Municipal School, with access exclusive to registered athletes.

In Guaratinga, for three nights (October 21, 22, and 23), Vila Brasil Ride will be in the camp, which is about 130 km from Arraial d'Ajuda and 9 km by dirt road from the town of Guaratinga. This is a small town in the interior of Bahia with many natural beauties and riches. All athletes, staff, volunteers, and members of the organization will be accommodated in the camp.

On the 5th stage, we ride back from the camp to the beach in Arraial d'Ajuda. The awards ceremony on this day will be held in a public square, in front of Nossa Senhora d'Ajuda Church, a location that is also part of the 6th stage, the time trial course.

In the camp area, Vivo and Claro mobile networks with 4G coverage provide reasonably good data signals.

Each athlete will be provided with an individual tent, a foam mattress, and a sheet. There are also VIP bungalows (larger tents) that some athletes reserved in advance.

All the infrastructure at the Brasil Ride camp was set up on private farmland to host the athletes, staff, and members of the organization, who will ALL be camping. Overnight stays in the camp are restricted to these participants. During the day, the public will be allowed to visit the camp and follow the race, respecting the areas exclusive to the athletes. Supporters, mechanics, and family members will be able to visit the camp and move around in the public area, but after 5:45 pm, it will no longer be possible to remain in or camp within the Brasil Ride arena.

The following areas are for exclusive use of the athletes, with no external access allowed under any circumstances: bathrooms and showers, tent area, restaurant, bike park, bike wash station, and hydration area inside the arena.



Facilities Available in the Camp

Highlighted facilities include:

- Main restaurant exclusive to athletes, serving breakfast and dinner. It is also where the daily awards ceremonies, next stage briefings, and photo/video displays take place. No support staff or family members are allowed in.
- Brasil Ride Lounge, for athletes to rest and socialize.
- Food and beverage vendors for athletes.
- Bathrooms and showers in containers. It's forbidden to use the bathrooms to wash clothes, shoes, or helmets.
- Massage area.
- Bike Clean by Podium, for cleaning bikes, shoes, and helmets (staff members will operate the machines to wash your bike).
- Bike park for storing bikes. Only the athlete can remove their bike.
- Neutral mechanical support.
- Medical station.
- Electrical outlets for charging phones, GPS devices, and electronics (220V).
- Water supply for drinking.
- Tent area: exclusive access for athletes, with no bikes allowed.



Daily Awards Dinner

Every night, except for October 24, a dinner is offered to athletes, where the stage awards ceremony, briefing for the next stage, and daily photos and videos will be presented. No individual "tickets" will be sold for these dinners.

Race Logistics

As part of the athlete kit, each participant will receive an exclusive Brasil Ride bag with an 80-liter capacity. In this bag, you should place all the items you'll need during the three days in the camp. The bag must be tagged and handed to the organization for transport to the camp. The same will apply when returning from the camp to Arraial d'Ajuda. No other bags will be accepted for transport besides this one. Bike cases will not be transported and must remain at your accommodation in Arraial d'Ajuda.

On the 5th stage, athletes must load their bags for retrieval in Arraial d'Ajuda.

Bike Park and Transportation in Arraial d'Ajuda

The bike park is for storing your bike after each stage. It is accessible only to the athlete. In Arraial d'Ajuda, the bike park will be open until 6 pm, and no bikes can stay overnight. The arena in Arraial d'Ajuda is located about 1.3 km from the town center, and the restaurant in the municipal school gym is 700 m from the center. Athletes may ride their bikes to the arena and the dinner venue, where we will have bike parks. During the camp in Guaratinga, bikes will remain overnight in the bike park and are not allowed in the tent area.



Support Points on the Course

Each stage will have strategically placed support and hydration points along the course. The location and number of points per stage will be informed during the briefing before each stage. Water will be available at the support points. **MINERAL WATER IS EXCLUSIVELY FOR DRINKING, AND IT IS FORBIDDEN TO USE IT FOR OTHER PURPOSES** (e.g., washing hands, water bottles, bike parts, or for bathing). Athletes caught misusing water will be notified and may be penalized for repeat offenses.

External Support on the Race Course

For safety and fairness reasons, no external support of any kind is allowed along the race course. Cars or motorcycles with mechanics, photographers, cameramen, or any type of support will not be allowed on the stages unless they are accredited by the organization. Athletes receiving any form of external support will be penalized.



Packing for the Camp

Here are tips on what to pack for the camp:

- Personal hygiene items: toothbrush, toothpaste, soap, shampoo, deodorant, shaving razor, chafing cream, bath towel;
- Padlock, preferably with a combination lock, to secure your bag and tent;
- Spare clothing for each stage (3 jerseys, 3 bib shorts, 3 pairs of socks, gloves) for your comfort and hygiene;
- Sleeping bag or small blanket;
- Supplements for three stages. Prepare your doses in zip-lock bags to save weight and space;
- Sunscreen;
- Insect repellent;

- Personal medication;
- Plastic bag for dirty clothes;
- Change of underwear (3);
- Casual clothing: 1 pair of shorts, 1 pair of pants, 1 pair of sneakers, 3 T-shirts, socks, and a cap;
- Waterproof and/or windproof jacket;
- Fleece jacket;
- Headlamp;
- Flip-flops;
- Cell phone with charger (coverage is available with Claro and Vivo).

Label your chargers and electronics with your name.

Benjamin (adapter for multiple plug connections). Note that our outlets follow the new Brazilian standard, and the voltage is 220V. Label your items with your name.



What NOT to Do During Brasil Ride

- Jump barriers at the start lineup;
- Use mineral water to pour on your head, wash any part of your body, or wash bottles;
- Go off the marked course;
- Have a support car, motorcycle, or personal photographer following the course;
- Take your bike into the tent area;
- Wash clothes, shoes, or helmets in the camp's sinks and showers;
- Dispose of toilet paper or sanitary pads in the camp toilets;
- Go barefoot or wear flip-flops or sandals on the podium or stage;
- Litter or discard wrappers along the course.



Frequently asked questions

What will the bathrooms at the Brasil Ride camp be like?

To ensure greater comfort, the bathrooms will be in containers with individual stalls and hot water. For proper functioning, do not dispose of paper in the toilets, and always keep them clean. It is not allowed to wash clothes, gloves, or shoes in any area of the camp (sinks and showers).

Will there be mechanical service for the bikes?

Yes, in both arenas we will have Neutral Mechanical Support. Necessary adjustments, tuning, and repairs will be carried out by the Parada team, with no extra charge for these services. However, additional services may be contracted.

To perform any repairs on your bike, first clean it at the bike-clean station and hand it over clean to the Parada team. If any replacement parts are needed (chain, derailleur, brake pads, tires, etc.), they must be provided by the athletes or purchased externally for installation.

Many bikes have custom components, so we recommend bringing spare parts like derailleur hangers, rims, pads, and brake parts.

Will there be a massage and recovery tent?

Yes, it will be managed by a team of physiotherapists from the specialized sports clinic Fisionoesporte. However, this is a service purchased separately. Prepaid massage packages are being sold at promotional prices. You can book your package by calling: +55 11 98106-8250 / +55 11 96744-2894.

You can also hire massages individually on the day directly at the massage tent.

How can we charge cell phones and other electronic devices?

There will be a tent with electrical outlets available for charging cell phones, GPS devices, cameras, etc. You must bring your own charger, labeled with your name. We also recommend bringing a “benjamin” (multi-plug adapter). Be mindful that the voltage is 220V.

Is there mobile phone coverage in the camp?

Yes, there is mobile phone and 4G data coverage for the Vivo and Claro networks in both Arraial d’Ajuda and the Guaratinga camp, but it can be inconsistent.

Can I use a credit card at the camp?

For purchasing services, drinks, and meals, we suggest bringing cash, as card payments can be unreliable due to weak signal.

Will there be a special diet for vegetarians?

If you have any dietary restrictions or special food needs, please email br@brasilride.com.br with the subject “Special Diet Brasil Ride,” explaining your situation.

Private support teams in the Brasil Ride camp in Guaratinga?

Private support teams with their own structures will not be allowed within the Brasil Ride arena in Guaratinga. Teams providing support must be self-sufficient and cannot use any of the arena’s infrastructure (water, electricity, bathrooms, tents). They should set up outside the arena, which is private property and must be arranged directly with local owners.

Will companions be allowed at the Brasil Ride camp in Guaratinga?

There will be a common area outside the camp where people can watch the arrivals,

see the tents, and access regional food and drink stalls. However, another area will be restricted only to athletes and event staff. Access will be controlled to ensure the safety, comfort, and appropriate infrastructure for the event's participants.

This will be a unique experience of living closely with nature. Prepare yourself for this unforgettable adventure.

Other questions?

We recommend reading the race regulations and v

